

# **REIKI COURSES with SUE PREADY**

MCSH, MNFSH, Dip.ITEC, UK Reiki Federation Master Teacher

## **THE TRADITIONAL USUI SYSTEM OF NATURAL HEALING**

### **REIKI MASTER LEVEL (Shinpiden) (aka REIKI 3rd DEGREE - Advanced Practitioner)**

#### **Course Content**

Overview of the Usui System of Natural Healing / Introduction to Reiki Master Level / Attunement to Reiki Master Level / Usui & Tibetan Master Symbols & Mantras / Additional Symbols / Recap of Reiki 1<sup>st</sup> & 2<sup>nd</sup> Degrees – underlying ethos / Reiki Kotodama / Aspects of working as a Master Practitioner / Guided Meditations & Advanced Techniques / Healing Practice / Becoming a Reiki Master as part of our Soul's Journey / Links & Resources

The emphasis of the whole training is centered on relaxation and for people to be able to feel completely at ease throughout. In the case of both one-to-one and group training, there is ample opportunity for skills practice, questions, feedback, discussion, sharing of experiences. We will spend part of the first day of training in the nearby Digswell Lake Nature Reserve Weather permitting! <http://www.digswell-lake.org.uk>

#### **Course Investment**

£250.00 (includes a £50.00 deposit on booking)

#### **Entry Requirements**

Successful completion of Reiki 2nd Degree followed by a sustained period of committed practice/experience (not less than 6 months)

#### **Course Outcomes**

On successful completion of this training you will receive a Reiki Master Practitioner certificate - plus a comprehensive manual and additional hand-outs throughout. Reiki Mastership will offer you new insights into Reiki, enhance your experience of energy at higher frequencies and increase the amount of energy you are able to channel for yourself and others. Reiki always flows to where it is needed and for me has been truly life-changing.

#### **Additional Reiki Master Training Options (Annually in August)**

##### **REIKI 4th DEGREE - REIKI MASTER TEACHER LEVEL**

**Course Duration and Investment as above: 2 days £250.00**

##### **REIKI 3rd & 4th DEGREE COMBINED as a 6-MONTH (group only) PROGRAMME**

**Course duration 4 days (3 at beginning of programme & 1 at the end)**

**Course Investment £495.00**

**(Separate info sheet available on request)**

#### **For Bookings, Enquiries/ Informal Chat or to Register your interest:**

Please contact Sue Pready on 01707 320027 (Tel) or 07929 980977 (Mob)  
or at [sue@thesoundandstoryspace.com](mailto:sue@thesoundandstoryspace.com)

Additional information sheet "Reiki - the Secret Art of Happiness" available on request.  
And why not join our "Sound & Story Space" Newsletter to keep in touch!